



El Monte Parks, Recreation and Community Services Department
"Creating Community Through People, Parks and Programs"



BOYS & GIRLS

GYMNASTICS

at **Lambert Park** | 11431 McGirk Ave. El Monte, CA

**Ongoing Monthly Registrations at the
El Monte Community & Senior Services Division**



Intermediate/Advanced

5 - 18 Years
Monday & Wednesday
4:00 - 5:30 PM

\$55
for 7 sessions

Beginning

5 - 18 Years
Monday & Wednesday
4:30 - 5:30 PM

\$42
for 7 sessions

This gymnastics class will follow the United States Gymnastics Federation beginning to advanced level floor exercises, bars, beam, vault and power incline trampoline, as well as simultaneously incorporating each of the five components of physical fitness. Students will learn the importance of perseverance, determination, motivation, and dedication in a fun environment. Class instruction will be taught by Felicia Perez and her assistants. Felicia has over 20 years' experience in teaching dance, gymnastics, and tumbling.



For more information or to register, please call the

El Monte Community & Senior Services Division at (626) 580-2210, Monday - Thursday 7:30 AM - 5:30 PM.