



## Press Release

**FOR IMMEDIATE RELEASE**

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## **EL MONTE AQUATICS CENTER ADDS VARIETY OF CLASSES TO ITS WINTER PROGRAM CALENDAR**

**El Monte** – The City of El Monte’s Parks, Recreation and Community Services Department is excited to announce that the El Monte Aquatic Center is now adding a variety of fun, new classes to its Winter Program calendar. All winter programs are offered in the Center’s indoor heated pool. Winter Class Session II has open registration from February 7 until March 2, Monday through Thursday from 4:00 p.m. to 7:00 p.m.

Programs include swim lessons for all ages, senior swim classes, for individuals 50 years and older, and lap swim classes, open to individuals 14 years and older. Senior swim classes will be offered Monday through Thursday, as well as Tuesday and Thursday evenings. The fee is \$1.00 with El Monte Senior Citizen Card. Lap swim classes are now offered Monday through Thursday, Tuesday and Thursday evenings, and on Saturday. The fee is \$3.50.

Aeroquatics, the “Surf, Turf or Both” program that offers an assortment of land and water aerobic exercise and fitness classes, now offers Zumba dry land sessions and Aquazumba pool sessions. Aeroquatics classes are offered on Monday and Wednesday. The fee is \$5.00 per class.

The Dive Team also encourages young swimmers to join its novice and Junior Olympic team this winter. Dive team practices are held Monday through Thursday. The fee is \$150 per month, which includes two practices per week.

The Swim Team is now open to levels that include novice and the USA Swimming Team. Swim team practices are held Monday, Wednesday, and Friday. The fee is \$65 per month.

For class times and more information, please visit [www.elmonteaquatics.com](http://www.elmonteaquatics.com) or call (626) 580-2213.

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**The City of El Monte**, located in Southern California, is committed to improving the quality of life for its citizens and strives to provide its community personalized service, uncompromising commitment, and individualized accountability. For information on the City of El Monte, please call 626-580-2001 or visit [www.elmonteca.gov](http://www.elmonteca.gov).